

# Port Placement

## SEDATION

- The sedation you received for your procedure is still in your system. Therefore, we would like you to take it easy the rest of the day and evening. We recommend that your caregiver remains with you for the remainder of the day.
- Do not drive and avoid drinking alcohol. Do not sign important documents or make legal decisions for the next 24 hours.

## ACTIVITY

- You may resume your regular activities, including driving in 24 hours.
- No exercising, lifting heavy objects, or strenuous activities for the next 7 days.
- No swimming for 7 days.

## PAIN MANAGEMENT

- You may use over the counter medications such as Tylenol or Advil for minor discomfort.

## CARE FOR YOUR PORT

- Your wound is held together by paper strips. No showers for the first two days. After the second day, cover the dressing with plastic wrap and tape the edges prior to showering.
- Starting on the second day you may take off dressing, but still leave steri-strips intact until they fall off on their own. For 7 days, you will need to cover the incision only when showering - otherwise, leave your incision uncovered (with only steri strips on) clean and dry. We recommend using Glad 'Press-N-Seal' along with tape to cover the site, only during showering for 1 week.

## WHEN TO CALL YOUR PHYSICIAN

- Fever and chills.
- Swelling or severe pain in the arm on the side of the port.
- Bleeding, redness, drainage or swelling at or around the port.

**If you experience any of these problems, please RAVE at 941-488-7781. For any emergencies call 911!**

**\*When the port is not in regular use, it needs to be flushed once a month by your physician or nurse. Speak to your ordering physician about this, or call our office at 941-488-7781 and speak to the Interventional Radiology Department and we will arrange this for you.**

**\*\*If you do not have an appointment at your oncology office within the next couple of days, please call the radiologists' office -RAVE (941)488-7781 and we will check your incision within the first 48 hours.**